

Time for Care Programme Offer for Testbeds Wave 2

Engagement Workshop

24 April 18 | 12.30pm to 3.45pm | Marriott Hotel Huntingdon, PE29 6FL

Lunch and registration will be available from 12.30pm with the event starting promptly at 1pm.

You will have an opportunity to hear presentations from members of the NHS England General Practice Development Team and to consider how engaging with the programme could support you locally.

The session will include a brief overview of the 10 High Impact Actions and case studies to illustrate how these have been implemented in other areas.

We will also be -

- Sharing the offer of the different components of The Time for Care Programme, including an introduction to the Fundamentals of Change and Improvement, and the Learning in Action programme
- Clarifying expectations for the programme
- Facilitating discussion on what's happening locally, and how best the National offer can support you
- Generating ideas for the project areas and gaining greater clarity of what you want to achieve and how you want to achieve it
- Letting you know about timescales and provisional dates for local delivery

Online booking is available here –

<https://time-for-care-engagement-workshop.eventbrite.co.uk>

Hosted by Cambridgeshire and Peterborough Clinical Commissioning Group in collaboration with NHS England

Facilitated by Angie Parks and Sue Mortlock, NHS England Development Advisors

Please contact our Primary Care Team if you have any queries - cacpccg.primarycare@nhs.net

Fundamentals of Change and Improvement

What is the Programme About?

The 'Fundamentals of Change and Improvement' is an exciting, intensive and practically based programme for those working in general practice, who are interested in creating change and improvement in how you operate. It's aimed at GPs, practice managers, nurses, senior administrators & project managers, and will help you to work more efficiently & effectively.

The programme will show you how to use improvement tools and techniques, helping to build skills and confidence to make changes in your practice that will really make a difference, as well as an opportunity to apply what you've learned to a live project that you'll be asked to bring along (ideally something relatively small and focussed, e.g. reducing the amount of correspondence handled by GPs, establishing care navigation, improving approach to care planning, improving the practice's repeat prescribing system etc.)

What does it look like?

The programme is two days in total, each day will take place from 9.00am - 4.45pm and delivered locally. Both days will be scheduled up to three weeks apart. It is essential that participants can attend both days.

The programme will be facilitated by members of the Sustainable Improvement Team.

Benefits for participants

- Learn tools, techniques and a structured approach to change and improvement that will support you in working more effectively, efficiently and productively – Quick wins!
- Personal development: an introduction to delivering successful change and engaging people in the process.
- Opportunity to apply learning to **a live project** so you can get started with making changes straight away.
- Learning alongside colleagues - an opportunity to share ideas.

Programme content

- Explore the key components needed for successful change, using the Change Model for Health and Care.
- A structured approach to making changes using the Model for Improvement and mapping. This will include developing a meaningful aim, measurement for improvement, identifying opportunities for improvement, and generating, prioritising and testing ideas.
- Where to start with involving others in your improvement

Participants will be expected to do a little pre-work before attending, and you will be encouraged to work on your project between days 1 and 2.

Releasing Time for Care - Learning in Action

Part of the national General Practice Development Programme

What is the Programme About?

The programme provides practical support to front line General Practice staff to implement small scale improvements focused around the 10 High Impact Actions, to release time for care. In Bury we will be focusing on Active Signposting, Social Prescribing and Supported Self Care.

Participants will attend 6 half day highly practical workshops held at 4-6 weekly intervals, and work on a change they want to implement, with learning on how to go about the change and support from Quality Improvement specialists, and with sharing, problem-solving and learning from each other. Between each session, participants will test out changes within their practice and at the end of the Programme they will have successfully implemented an improvement and have learnt how to go about making further improvements. They will also become part of a UK wide network of practices that have carried out similar work.

Expectations from the Programme

- Dedicated time and practical support to deliver your improvement from Quality Improvement specialists at your own pace
- Sharing and learning from Quality Improvement specialists, other participants and from other practices across the UK
- Learning how to implement change so that it is more likely to be successful and sustainable

Expectations of the Practice

- That the Practice Partners will support their team in making changes
- That staff will be released to attend all 6 workshops and that the continuity of the team will be maintained as the workshops build on and connect with each other

Expectations of Participants

- To fully engage and enter into improvement activities with an open mind
- Be willing to share and learn from other participants
- Take any actions that they have agreed to between workshops
- Implement at least one small change using quality improvement methodology by the end of the workshop
- Engage with the National team to collect information to develop case studies

Who should attend?

- Any member of staff working in General Practice who is willing to participate in an improvement project.
- Participants from a range of staff roles works best bringing different experiences and perspective; such as Practices Managers, receptionists, GPs, nurses, administrative staff, pharmacists.
- No previous quality improvement knowledge required.

The Programme is not about

Performance management or judging practices against each other.

Please contact our Primary Care Team if you have any queries - cacpccg.primarycare@nhs.net

Learning in Action – Programme Overview

