

# LEARNING DISABILITIES NEWS

Cambridgeshire and Peterborough CCG LD Team

## Transforming Care Programme - a blueprint for future LD care

Following the exposure of the abuse at Winterbourne View Hospital 5 delivery partners (NHSE, DoH, ADASS, CQC and HEE) developed the three-year Transforming Care Programme in 2016/17. The TCP is a partnership for improving and reshaping community health and care services so that fewer people with LD go into hospital during a mental health crisis.

- Building the Right Support with more housing and support options for people with a learning disability and/or autism.
- Care and Treatment Reviews (CTRs) - are for people who have been, or may be about to be admitted to a specialist mental health or learning disability hospital - to reduce admissions and unnecessary inpatient stays.
- "Assuring Transformation" - NHS digital collects data from commissioners each month to monitor how the TCP is progressing. Weekly returns on every inpatient in the health care system.
- Enhanced community provision outside of traditional core working hours and 'crash pad' facilities to give sanctuary during period of crisis.
- A commitment to make services in the community better for Children and Young People.

<https://www.england.nhs.uk/learning-disabilities/care/>



## Stopping over medication of people with a learning disability, autism or both (STOMP)

In England between 30,000 and 35,000 people with a learning disability and/or autism are taking prescribed psychotropic medication without appropriate clinical justification.

Long-term use of these medicines puts people at unnecessary risk of a wide range of side effects including weight gain, drowsiness, organ failure and even premature death.

We all need to make it a priority! Make sure you think of STOMP whenever you see a patient or carry out their Annual Health Check.

GP Guide to STOMP: <https://www.england.nhs.uk/wp-content/uploads/2017/07/stomp-gp-prescribing-v17.pdf>

## LD Health Check Results are in - How did you do?

Thank you for working with Debbie (Hunts/Fen/Peterboro) and Emma (Camb) to make sure your Health Check register is accurate and appropriate!

Special mention to the following practices who hit 100% completion: Harston, Cottenham, Alconbury&Brampton, Great Staughton, Minster and Moat House!

Need help completing the checks? We know GP surgeries are under huge strain, which is why we are setting up LD Health Check training for Practice Nurses/ANPs - details attached.

