

Perinatal Mental Health Study Day Agenda

| Time | Topic | Speaker |
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| 09:00 | Registration | |
| 09:20 | Introducing mental health | Miss Michelle Kemp Consultant Obstetrician |
| 09:30 | Depression and anxiety <ul style="list-style-type: none"> • Incidence • How to recognise • Defining severe depression • What to do once recognised - management and referral pathways | Becky Jones GP with a special interest |
| 10:30 | Postpartum depression and psychosis <ul style="list-style-type: none"> • Incidence • How to recognise • What to do once recognised • MBU • Effect on the infant development | Zeyn Green-Thompson Consultant Psychiatrist |
| 11:30 | Tea and coffee break | |
| 11:45 | Personality disorder | TBC |
| 12:30 | Patient experience | |
| 13:00 | Lunch | |
| 14:00 | Birth trauma and PTSD | Jan Butler Consultant Midwife |
| 14:30 | Medications for mental health - safety profiling in pregnancy and breastfeeding <ul style="list-style-type: none"> • SSRIs • Antipsychotics • Others | Zeyn Green-Thompson Consultant Psychiatrist Nikolett Kabacs Consultant Psychiatrist |
| 15:30 | Other mental health conditions <ul style="list-style-type: none"> • Schizophrenia • Bipolar • Eating disorder • OCD | Nikolett Kabacs Consultant Psychiatrist |
| 16:20 | Questions and answers | Faculty |
| 16:30 | Close, certificates and feedback forms | |