

## Free Suicide Mitigation Training for GPs and Primary Care Staff

Two 1.5 hours modules that can be delivered together or separately to suit your practice's availability.

The CPD training, co-delivered with local GP, Dr Melanie D'Souza, will provide you with:

- ✓ An understanding of suicidal thinking
- ✓ An evidence-based clinical tool that will enable you to assess and triage a suicidal patient
- ✓ The knowledge and confidence to support a patient in a compassionate way
- ✓ The ability to co-produce a safety plan with a patient to support them to stay safe.

Delivered in partnership with Connecting with People.

Over 90 GPs across the CCG have already completed the training.

**Feedback has been incredibly positive:**

- **Outstanding: concise, efficient, enabling**
- **Applicable in my day to day practice as a GP**
- **Will change my practice**



Practice staff at Cornerstone Surgery, March

For more information, contact [kate.beed@cpslmind.org.uk](mailto:kate.beed@cpslmind.org.uk)