



What does Springboard deliver?

The Springboard Women's Development Programme enables women to both give and receive more out of their lives and careers. We have been delivering Springboard Programmes for 27 years in more than 44 countries across the globe, the programme results speak for themselves. Staff and employers alike affirm to the programme's success. Individuals speak of a new sense of purpose, an open approach to change and a more positive attitude. Employers report being delighted with the changes to their staff, which show a more focused and positive outlook, offering solutions rather than problems and increased motivation. It has helped with periods of change and made a vast contribution to Diversity objectives.

230,000
Springboard trained women across the globe since 1989

1,200
Springboard trainers licensed to date



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1 For individuals

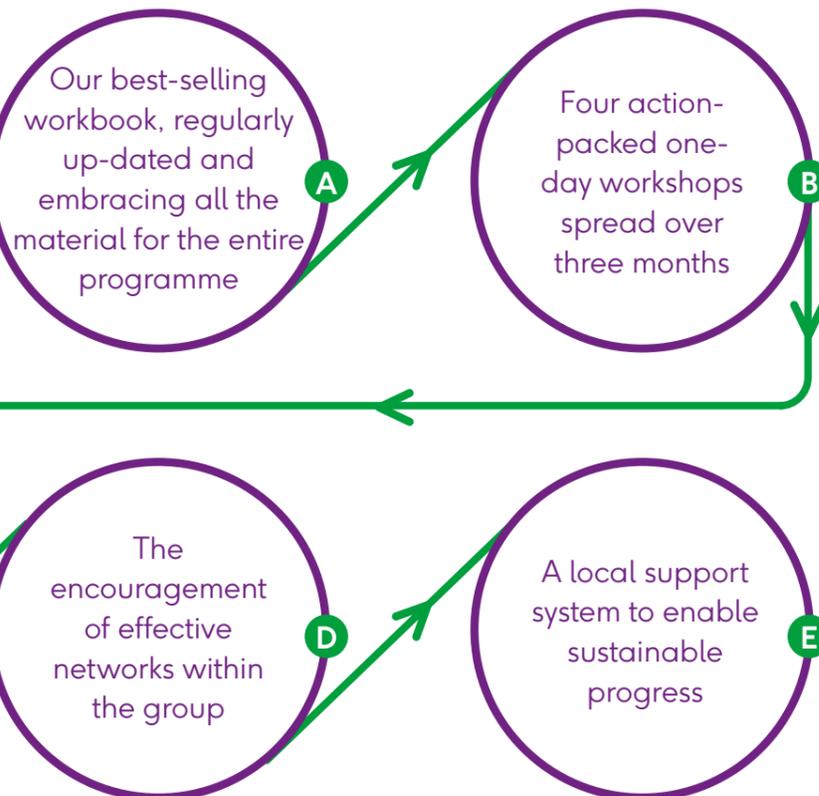
The Springboard Women's Development programme is designed for women from all backgrounds, ages and stages of their lives. It allows women to enhance their own skills and abilities, challenge power and equality, while building confidence, assertiveness and a positive image. Whether you want to further develop your career, improve your life skills or set practical, yet stretching goals, this course will provide the tools to inspire and empower you to change your life.

2 For employers

The programme can be used by employers as part of a solution to address issues of diversity and inclusion in the workplace. It also develops talent for the future helping employers to build pipelines of diverse talent and address issues of the Gender Pay Gap.

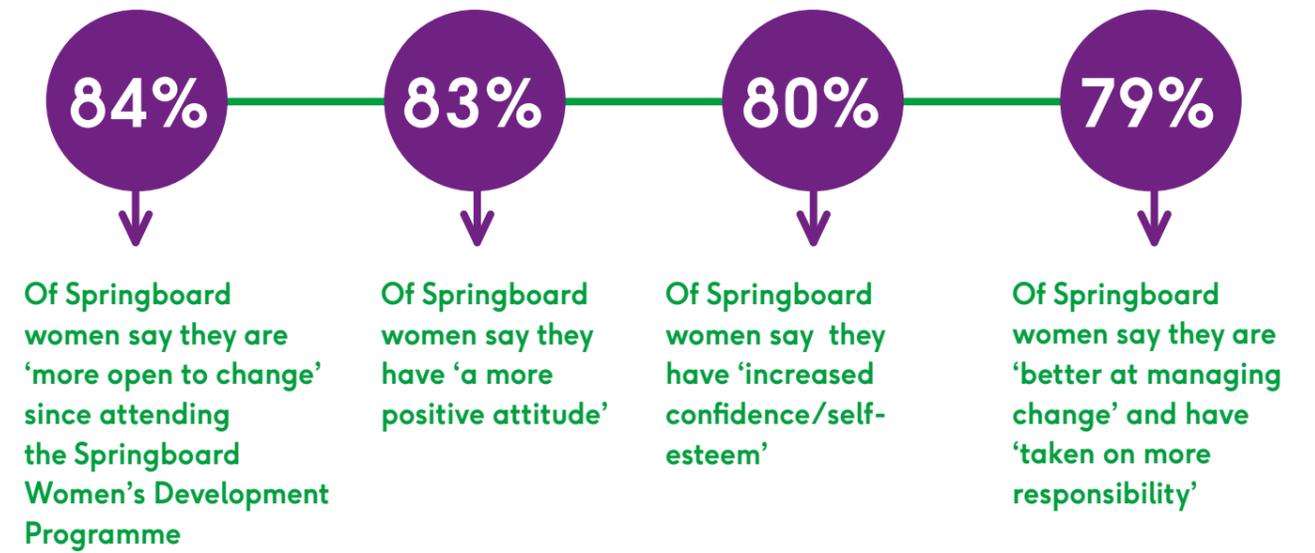
3 The innovative programme structure

Four one day sessions delivered over a duration of three months, it consists of **five simple yet powerful ingredients**:



4 Outcomes that make a difference

Enthusiastic evaluations of the Springboard programme provide some fantastic data. **Here is just a flavour of the results:**



5 Our clients

"Springboard is tried and tested in the police context, has an impact on women in the police and delivers results. It is a key component in achieving the Gender Agenda. I have no hesitation in recommending it throughout the police service."

Julie Spence,
Former Chief Constable,
Cambridgeshire
Constabulary, UK

"The Springboard programme empowers an individual to change themselves. It motivates women to do something about the problems they face by changing themselves and how they relate. Made me believe that the power is within the Middle East and not in others."

Suzan Zawari,
Lecturer, Saudi Arabia

"Inspiring and confidence building, I've learnt to believe in myself for the first time in my life."

Jan James,
Data Entry, Gwent Police, UK