

## How confidential is this?

**Only** authorised staff will be able to view the information stored. Before health professionals access your records, they will check with you that you agree for them to do so, whenever possible. This follows the rules of the Data Protection Act (1998), the NHS Care Record Guarantee (2011) and the NHS Code of Confidentiality (2010).

## How else will my information be used?

The information will also be used for audit. With strict confidentiality safeguards, authorised staff will have access to information for the purposes of improving quality of care for all patients and reporting on this service.

## Can I access my record?

Yes. Your GP practice can show you a summary of the information and your wishes held in the record.

## Contacts:

Your GP practice would be the best people to contact about this service.

If you have any concerns or suggestions for improvements, please contact the CCG Patient Advice and Liaison Service on Freephone 0800 279 2535 or 01223 725 588. or email [capccg.pet@nhs.net](mailto:capccg.pet@nhs.net)

## “Sharing my care information and wishes”.

A service in Cambridgeshire  
and Peterborough



**Patient and Family Information Leaflet**

## What is this service about?

As a patient, you may have thought about treatments you would prefer to receive or avoid and where you would like to receive care, now and in the future. This service gives you an opportunity to have your wishes recorded in your medical notes: these will then be shared with professionals involved in your care, such as out of hours GP services, District Nurses, local hospitals and hospice (if appropriate). The NHS is encouraging this in all parts of the country.

## An example

Mr Jones has an illness that at times makes him drowsy and unable to express his wishes. He has discussed with his GP that he wishes to stay at home and not go into hospital if possible, and has agreed that this information and his GP records can be shared with others caring for him. He becomes unwell one Saturday afternoon and is so drowsy that he cannot talk. The out-of-hours doctor has read his records and knows that he wants to stay at home. Extra nursing care at home is arranged urgently and an admission to hospital is avoided, as he wished.

## What are the possible benefits?

The project aims to provide better care for you through improved communication and coordination. Taking part will allow your wishes and preferences to be recorded in advance and shared with professionals looking after you, at all times of day and night. This will enable you to plan

ahead. It will help you feel more confident and in control when you are unwell, in an unexpected event or when you meet unfamiliar health professionals such as at night and weekends.

## What happens if I agree to take part?

Your GP, District Nurse or other healthcare professional will discuss your condition with you and your views regarding your care. They will ask your permission to enter this information into your medical record and to share it with other professionals involved in your care. Depending on the computer system your GP practice uses, this may involve the sharing of your full GP record. If there is a change in your condition or your views and wishes change, they can update your record. If you would like to know more, please ask your GP practice for a NHS leaflet called 'Your health record and sharing of information'.

If you provide information about family and friends that help to care for you this will be included: please let them know the details you have provided about them and give them a copy of this leaflet.

## What if I do not want to take part?

Let your GP or District Nurse know. The information in your GP records will then **not** be shared with others and professionals will **not** have access to the information held in your GP record. While this will mean that unfamiliar doctors and nurses will not know about your medical problems, your care will not be affected in other ways.